

SW1 - Student Recording Sheet 1/2

Healthy Hands Procedure

After the activity, use the 'How Clean are Your Hands?' guide to write your results in the box provided and see how far the microbes have spread

After washing (or not) and shaking hands

	Student 1	Student 2	Student 3	Student 4	Student 5
No wash (control)					
Wash for 3 secs					
Wash for 20 secs					
Wash with soap and water for 20 secs					

On the next page draw where you saw microbes after hand washing and shaking, for your group only.

The method of hand washing that removed most microbes from the lead person was:

- Wash for 3 seconds
- Wash for 20 seconds
- Wash for 20 seconds with soap & water

The method of hand washing that removed fewest microbes from the lead person was:

- Wash for 3 secs
- Wash for 20 secs
- Wash for 20 secs with soap & water

The method of hand washing which spread the most microbes along the line was:

- Wash for 3 secs
- Wash for 20 secs
- Wash for 20 secs with soap & water

The method of hand washing which removed the fewest microbes along the line was?

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Fascinating Fact

90% of germs on the hand are found under the nails!

My conclusions:

1. What is the best way of getting rid of microbes from our hands?

2. What difference does using soap make?

3. When should we wash our hands?
